

NATIONAL CURRICULUM:

take part in outdoor and adventurous activity challenges both individually and within a team.

PRIOR KNOWLEDGE:

Pupils develop a skill set that is transferrable to OAA (outdoor adventurous activities). Pupils work individually, collaboratively in pairs and groups to solve problems and are encouraged to be inclusive of others, share ideas to create strategies and plans to produce the best solution to a challenge. Pupils are also given the opportunity to lead groups and utilise negotiation skills. Pupils develop map reading skills including the use of cardinal points, scale and direction to create, plan and follow routes around a course.

KEY VOCABULARY:

Inclusivity
Roles
Orientation
Problem solving
Critical thinking
Strategies
Challenges
Distance
Speed
Running
Evaluate
Trust
Honesty

PE – Autumn 1 Year 6, OAA



Lesson Focus:

1. To build communication and trust whilst showing an awareness of safety.
2. To collaborate as a team to solve problems.
3. To develop tactical planning and problem solving.
4. To work as a team and use critical thinking to determine the best approach.
5. To develop navigational skills and map reading.
6. To use a key to identify objects and locations.

CONTEXT: In this unit, pupils develop a skill set that is transferrable to OAA (outdoor adventurous activities). Pupils work individually, collaboratively in pairs and groups to solve problems and are encouraged to be inclusive of others, share ideas to create strategies and plans to produce the best solution to a challenge. Pupils are also given the opportunity to lead groups and utilise negotiation skills. Pupils develop map reading skills, learning how to follow a more complex map including the use of controls.

STICKY KNOWLEDGE:

Be inclusive of others, can share job roles and lead when necessary.

Orientate a map efficiently to navigate around a course.

Pool ideas within a group, selecting and applying the best method to solve a problem.

Use critical thinking skills to form ideas and strategies to solve challenges.

Work effectively with a partner and a group to solve challenges.

SKILLS:

Physical: balance, co-ordination, run at speed, run over distance

Social: communication, collaboration, inclusion, leadership, work safely

Emotional: confidence, honesty, trust

Thinking: evaluation, reflection, problem solving, comprehension, select and apply.