

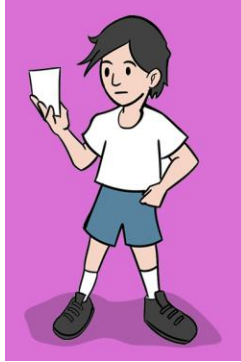
NATIONAL CURRICULUM:

take part in outdoor and adventurous activity challenges both individually and within a team.

PRIOR KNOWLEDGE: children would have looked at simple maps and N, S, E and W as well as having worked in a team together.

KEY VOCABULARY:

Collaborate
Communication
Map
Cones
Teamwork
Position
Route
Course
Symbols
Trust
Action
Movement

**PE – Autumn 1
Year 3, OAA****CONTEXT:**

OAA (outdoor adventurous activities) allows pupils to develop problem solving skills through a range of challenges. Pupils work independently, as a pair and in a small group to plan, explore, solve, reflect and improve on strategies. Pupils learn what makes a good team and explore key skills such as inclusion and trust. Pupils begin to learn to orientate a map, identify key symbols and draw and follow routes.

STICKY KNOWLEDGE:

Be clear and descriptive with your instructions.
Listen carefully to your teammates' instructions
To know the limitations set on other team members and how to support them.
To show honesty when playing.
Look carefully at the map.
Turn your map as you move so that the correct colour cone is in front of you in real and on the map.

SKILLS:

Physical: balance, co-ordination, run at speed, run over distance
Social: communication, co-operation, inclusion, collaborate
Emotional: determination, trust, confidence, honesty
Thinking: problem solving, evaluate, reflection, create, comprehension, select and apply

Lesson Focus:

1. To develop co-operation and teamwork skills.
2. To develop trust and teamwork.
3. To involve all team members to work towards a shared goal.
4. To develop trust whilst listening to others and following instructions.
5. To be able to identify objects, draw and follow a simple map.
6. To draw a route using directions, orientate a map and navigate around a grid.